



# St. George's CEP Newsletter

Issue 18: February 5th 2021

*'Bringing faith and education together'*

**Our value this term is RESPECT**

Treat others as you want to be treated-

Luke 6:31

It was sad news this week to hear of the passing of Captain Sir Tom Moore who won the nation's hearts with his extraordinary fundraising efforts for National Health Service charities. A week before his 100th birthday, Capt Sir Tom became the oldest person ever to get to number one in the UK singles charts when his duet of You'll Never Walk Alone - with singer Michael Ball - took the top spot. A reminder that one is never too old to achieve something new.

But the thing that stood out for me was, despite the sad news, this quickly turned to a reminder of his inspiration to us all. This week being Mental Health Week, came at a time in a term where we have all, at different times, hit a wall with juggling our lives and remote learning.

It was the resilience and positivity of Sir Tom, as he's affectionately known, who has lived through many difficult times in his life that gave me the strength to take a big breath and go again.



"To all those people who are finding it difficult at the moment, the sun will shine on you again, and the clouds will go away."

Captain Sir Tom Moore

## STAY AT HOME WELLBEING BINGO



Mr Jones and myself really enjoy our weekly Wednesday Virtual workshops. This week Mr Jones focused on what makes the children feel proud for the older year groups in school and I enjoyed listening to ways the younger children cheer themselves up if they are feeling sad and worried.

We also looked at lots of activities and things that are good for our well being – how many of them have you done?

Respect

Courage

Kindness

Forgiveness

Hope

Honesty

You can find out about what's going on at St George's in a variety of ways:

Visit the school website: [www.st-georges-wrotham.kent.sch.uk/](http://www.st-georges-wrotham.kent.sch.uk/)

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## Mary Berry's Lemon Drizzle Cake

[Mary Berry's Lemon Drizzle Cake | Baking Recipes | GoodtoKnow](#)

I wanted to share this recipe with you as Ms Chin has been cooking as it's something she enjoys doing for her well-being but I can also vouch it worked for myself and Mr Jones as we were lucky enough to taste her version of this cake recipe in individual cup cake treats. I can vouch for this being absolutely delicious and Mr Jones would say the same but I'm not sure it even touched the sides it disappeared so quickly – this is always the way he gives his approval!

This delicious lemon drizzle cake takes just 20 minutes to prepare as Mary Berry uses the traditional 'all-in-one method' for her lemon sponge. This means all of the ingredients are mixed together in one go – so you don't have to cream the butter and sugar beforehand. The light and zesty lemon sponge is glazed with a crunchy lemon drizzle icing, made with a simple sugar and lemon juice mixture.

With simple ingredients I hope it is something you could make together or maybe the older children could do as a kind gesture for you to enjoy!

175g caster sugar  
175g self-raising flour  
175g softened butter  
3 eggs  
Finely grated zest of 1 lemon  
 $\frac{3}{4}$  level tsp baking powder

### For The Lemon Drizzle Topping:

100g granulated sugar  
Juice of 1 lemon



## SNOW

It's been on the news for a few days now about incoming snow to Kent. This causes lots of different emotions for us all. One thing though is the realization that a remote education is now available even if the school building should have to be physically closed for health and safety reasons.

While we can't predict what might happen precisely for each location our homes are in what we can't miss is an opportunity to be outside and enjoy it. There is so much learning through fun that can be done so if the opportunity arises get your children to go out and explore – post some pictures to their teachers on their Dojo!



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