

# Cross Country Club

## Years 5 & 6



At St George's physical health and regular exercise are very important to us. We are offering your child in Years 5 & 6 the opportunity to take part in Cross Country on Monday mornings (starting next week) from 8am.

Unfortunately, we are unable to cross bubbles so siblings in another year group will not be allowed to take part on the same day.

Children will need to wear suitable clothing (ie. tracksuit or shorts/t-shirt) which they can stay in all day. They will need to wear studded or dibbled shoes as trainers will be too slippery on the field. They should also bring a change of footwear for inside school.

If your child wishes to take part please ensure that you email [admin@st-georges-wrotham.kent.sch.uk](mailto:admin@st-georges-wrotham.kent.sch.uk) by

**Friday 12<sup>th</sup> March at 2.30pm.**