

What our Wellbeing Committee have implemented so far

Worry Jars



Our committee came up with the idea of every class having a worry jar in their class for those children who felt as though they were a bit shy in talking about their problems or thoughts that were worrying them. This gives children a chance to let their teacher know what is worrying them so they can talk to the whole class about their worries to reassure everyone.

Home tasks



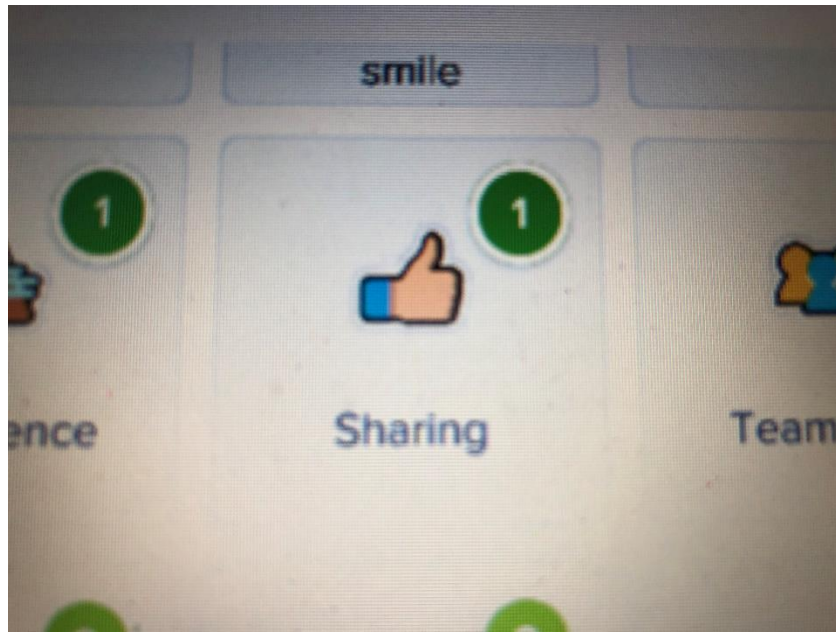
Our committee thought it would be a good idea to set children tasks at home so they don't get bored or unhappy. It gives everyone something to focus on and gives everyone an opportunity to learn a new skill.

“Happy” and “Help Me” benches



To help with playtimes and lunchtimes, our committee thought it would be a good idea to label benches for those children that need a bit of help. The “Happy Bench” allows children to talk about why they are happy so they can share the happiness and the “Help Me” bench is to let the committee know that they need someone to talk to about something that is worrying them.

Using Class Dojo to reward children for sharing



One child in our wellbeing committee thought that sharing was a problem for children in their class so came up with the idea that children who do share well should be rewarded by gaining a Class Dojo point for their house.